Touch Drawing

Provider: The Heart Institute

Length: 3 Weeks

Website

http://heartinstitute.info/index.html

Program category(ies)

Health Care occupations, training or industries

Participants are introduced to Touch Drawing, a meditative form of drawing that allows emotional, mental, physical and cellular memory to come to the surface of the page, using the hands as tools for drawing.

Related Occupations

Health Diagnosing and Treating Practitioners, All Other

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